

CHATTING UP: how, where, with whom, what for... is a workshop that aims to go beyond the stereotypes that the participants may have on how to start their romantic relationships, making them identify and reflect on these stereotypes and the complexity/simplicity that they pose and the methods (suitable or not) to those who are united.

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OBJECTIVES	METODOLOGY	PARTICIPANTS	TIME
<ul> <li>Stimulate reflection about chatting up and ways to do so.</li> <li>Educate values such as equality, gender and personal relationships.</li> <li>Encourage good practices in their activity.</li> </ul>	<ul> <li>Participatory, discursive, analytical and creative.</li> <li>Discussion and analysis.</li> <li>Ideas layout</li> <li>Identifying common places</li> </ul>	<ul> <li>Number of participants: 10.</li> <li>Ages: 14 – 18.</li> </ul>	• 4 sessions: 2hrs.







January 2007 Title page.

The PKTexpreses workshops are part of a programme from the city council of Vitoria-Gasteiz. Part of the debates and content which is produced in the workshops will be included in the contents of the PKTenteres magazine.



Final content stemming from the workshop.

Download the PKTenteres n°44 (January 2007) www.vitoria-gasteiz.org/pktenteres

### 0. CONTEXT

This workshop is included within the *PKTexpreses* (2006-2008) expression and participation workshops programme. An initiative under the Department of Youth of the City Council of Vitoria-Gasteiz and aimed at undertaking participative, collaborative processes with different groups of young people of the city, encouraging their abilities to work together, analysis of their surroundings and spirit of (self) criticism.

The contents worked within the different workshops were published in the magazine *PKTenteres* (on the title page and a double page spread). *PKTenteres* (PKT) is an informative, dynamic and participative monthly publication orientated at teenagers between 14 and 18 years old under the Department of Youth of the City Council of Vitoria-Gasteiz and developed in coordination with the Municipal Youth Information Office (OMIJ).

+Info PKTenteres: www.vitoria-gasteiz.org/pktenteres

+Info OMIJ: www.vitoria-gasteiz.org/omij

### 1. CRUISING THE STREETS TO SCORE

Chatting up is one of the activities that takes up the most time in the minds of young persons. It is a way of going about discovering those around them and going about experiencing the changes in their bodies and lives.

CHATTING UP: how, when, with whom, what for...is a workshop that attempts to forget those particular stereotypes that are acquired at those ages and offers an alternative for the participants to reflect on the methods, ways and whys of this fact.

In general, chatting up is a practice that is assumed. Simply speaking about it and letting young persons tell us about their experiences that will enable us to get them to reconsider the way in which to carry off their amorous pursuits.

## 2. OBJECTIVES

The general objectives of the PKTexpreses workshops are the following:

- Bringing nearer the PKTenteres magazine to young persons and that they feel that it is a tool and means of expressing themselves
- Encouraging the participation and cooperation between young Vitorians.
- Encouraging teamwork.
- Encouraging dialogue and critical thinking among teenagers.
- Stimulating the capacity of analysis of the world around them.





Rules. Portraits on the wall.

"chatting up is the process between identifying/knowing a person that you like and end up starting a relationship (becoming boyfriend and girlfriend)"

Definition agreed on in the workshop.

- Be aware of the interests and concerns of teenagers.
- To stimulate their creative ability.

The specific objectives of the "Cruising the streets to score" workshop are:

- Learn first hand the activities that the group carries out.
- Encourage good practices in their activity.
- Encourage reflection with regard to the fact of chatting up and ways of doing so.

# 3. CONTENTS

The issues dealt with in the workshop arose the following formulated questions:

What? The meaning of chatting up.

**How?** Ways and postures as compared to the action of chatting up.

With whom? Ideal pairs of the young persons.

Where? Analysis of the surroundings.

What for? Why do we need to-want to chat up?



Ideas box

## NOTE:

We see the need to create a set of rules with the group due to the lack of respect shown by the members. The respect rules sheet is maintained at all times.

## 4. METHODOLOGY AND ACTIVITIES

Participatory, analytical and creative methodology. We structure the workshop and the sessions around these five questions: the what, the how, the where, with whom and what for. This serves as a framework for the workshop and as a basis for the different activities.

Knowledge activity.
Discussions.
Brain-storming dynamics.
Collective idea-sharing sessions.
Ideas layout.
Identifying common places.
Anonymous mailbox.

## 5. WORK GROUP

Number of participants: 30 people.

Ages: 15 - 16.

Gender: Mixed group.

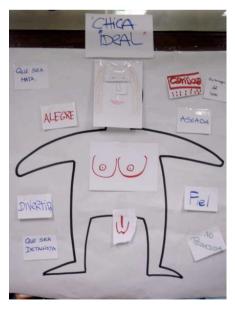
The group works with the users of the Club Joven de Ariznabarra (Youth Club of Ariznabarra). There are young persons from different backgrounds and it is an irregular group that if while regularly attending the club never usually attend in the same manner. According to each user.





Ideal Frankestein girl.

The use of stereotypes by mass media and advertising are very patent. Especially in the ideals created by the lads.



Ideal Frankestein boy.

## 6. TIMING

4 days in December 2006.

13 December .......2.30 hrs (6 p.m. – 8.30 p.m.). 15 December .......2.30 hrs (6 p.m. – 8.30 p.m.). 19 December ......2.30 hrs (6 p.m. – 8.30 p.m.). 21 December ......1.00 hr (6 p.m. – 7 p.m.).

A fifth session of reflection was held on 10 January once *PKTenteres* has been published.

## 7. LOCATION

The premises of the Club Joven de Ariznabarra (Youth Club of Ariznabarra) in the Civic Centre.

## 8. MATERIALS

#### Material:

- Office material
- (paper, felt-tip markeers, tape, folios and cardboard).
- Large map of the city.
- Cardboards with "frankestein" silhouettes.
- Street directory of the city.
- Small individual maps of the city.
- Postits.
- Ideas box.
- Assessment surveys.

### Infrastructures:

- Classroom with chairs and work tables.

## 9. ASSESSMENT INDICATORS

To assess the workshop we have to take into account in addition to the assessment made by the group, the following indicators:

- level of active participation (attendance, motivation...).
- level of satisfaction of the young people (young persons' assessment).
- level of camaraderie and empathy.
- type of personal relationships of the group.
- the groups' capacity of analysis.
- creative ability.
- level of criticism and the group's sense of self criticism.
- level of results and products made in the workshop.



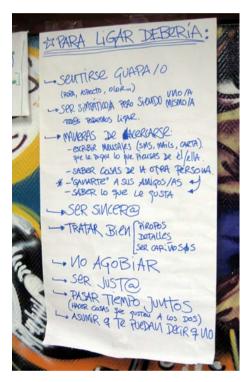


Final outlines of the workshop ideas.

## 10. WORK APPENDICES.

In the following appendices are the road maps for each workshop session.

Appendix 1: Session 1
Appendix 2: Session 2
Appendix 3: Session 3 & 4
Appendix 4: Session 5



Final brainstorming layouts

## 11. CONTACTO

This workshop is part of the *CASI TENGO 18 ("ALMOST 18")*, a programme of cultural action through which various proposals attempt to give the right to speak to teenagers, inviting them to participate as active citizens in the definition of the world in which they live: their imaginary one, their values, their interests and concerns etc.

#### **CASI TENGO 18**

Aretxaga, 10 48003 Bilbao 946 053 468

www.casitengo18.com info@casitengo18.com

Sometimes the masculine gender is used in this file. This is not due to an intentional use of language with sexist overtures, quite the contrary. The difficulty of finding satisfactory words and expressions that encompass the meaning of a word and its different genders has forced us - not to saturate the reading – to use the masculine plural tense as a linguistic rule set by the Royal Spanish Academy.

This file is licensed under a Creative Commons 3.0 Spain licence Feel free to use it to prepare a workshop with your group, but remember that there is no master formula and it is preferable that you adapt the contents depending on the f the context and needs of the group.



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This file has been prepared with the assistance of the Department of Culture of the Basque Government.





# 1st SESSION

#### **OBJECTIVES**

Stimulate **reflection about chatting up** and ways to do so. **Encourage good practices** in their activity.

Educate values such as equality, gender and personal relationships.

TIME	ACTIVITIES	CONTENTS	MATERIALS
10 min.	PKT Presentation.	PKTexpreses.	PKTenteres.
10 min.	Explaining the workshop taller.	Planning of the workshop.	Office material: pens felt-tip markers
15 min.	Knowledge activity: Portrait.	Characteristics of the participants. Mail box.	scissors paper tape cardboard
30 min.	Brainstorming.	Chatting up methods. A foolproof method.	Caluboalu
35 min.	Positive ideas.	A looiproof method.	
20 min.	Conclusions. Mail box.	Chatting up methods.	Ideas box.

<b>PKT Presentation</b> Explaining the magazine. A small presentation of the contents, collaborations, spirit	- <mark>10 min</mark> .
Explaining the workshop	- <mark>10 min</mark>
Explaining the workshop: "Callejeando para ligar" ("Cruising the streets to score"). Explaining	

what the workshop is about, a brief explanation of the planning.

## 

Portrait

In pairs a portrait is made of the other person without looking at the face and the drawing. Then the portrait is given to the subject of the portrait. Pair swap until the entire group and each participant has all their portraits made by the other group members.

Each participant chooses a portrait from all those that have been made and writes a word that defines their mood with regard to the activity. In turns the portraits are stuck on the walls and the whys of the portraits and the chosen word itself are explained.

#### Brainstorming--------30 min.

The first question (how?) with which we aim to find that "foolproof" methods to chat up and discover the roles that each person acquires when faced with such moments.

Brainstorming the entire group on ways and methods of chatting up. Based on this brainstorming defines a foolproof method to chat up and establish some prior ideas that each person intends to use to chat up someone.

The first session is dedicated to meet the group and everybody to decide on a "foolproof" method to use to chat up someone based on the experiences of the group.

We follow a positive brainstorming dynamic. That is, all the ideas that are accepted as good and can only be improved by providing new ideas that complement each other.

Seated around a table, each participant writes on piece of paper and it is passed to the person on their right. Each idea received must be improved by providing qualities, details, nuances etc. Once the ideas complete their circle they are analysed by the group and then searching for the

### **CRUISING THE STREETS TO SCOR**

### **APPENDIX 1**



similarities between them and the essential characteristics of a chatting up method are drawn out.

Conclusions------20 min.

Are recorded on a cardboard in common to outline the findings and ideas that came been reached.

#### Mail box

In a shortcut across all the activities a mail box was provided where the participants were invited to write their anonymous messages wherein on how to respond to the "how", "with whom", "what for" questions in an active manner.

The last session of the workshop the mailbox will be opened so as to read the messages and to make comments.



## 2<sup>nd</sup> SESSION

**OBJECTIVES** 

Stimulate **reflection about chatting up** and ways to do so. **Encourage good practices** in their activity. Educate **values** such as equality, **gender and personal relationships**.

TIME	ACTIVITIES	CONTENTS	MATERIALS
15min.	Welcome.	Personal.	Office material:
30 min.	Idea-sharing session for the definition of chatting up.	Definition of chatting up. What is chatting up?	felt-tip markers scissors paper tape
30 min.	Identifying the personal places on a map.	Surroundings. Recurrent places to go eyeing the talent.	Street directory of the city. Small maps of Gasteiz.
45 min.	Idea-sharing session on a single map of all the routes and discussion.	Places in common for the group.	Large map of Gasteiz.

The first minutes of the session were intended to generate confidence by counting some of the anecdotes that occurred during the week as the entire group were arriving.

#### Idea-sharing session for the definition of chatting up------35 min.

The group pools ideas stating the definitions of chatting up ("What is chatting up?") to identify common definitions. It is desirable to lay a common ground for this definition to continue working on the issue.

It may seem that for everybody "chatting up" means the same thing but to work the issue but a consensus will have to be reached that places us within the commencement framework.

#### Identifying the personal places on a map-------50 min.

We turn to analyze the recurring locations for the participants when they go eyeing the "talent" to chat up. For this, we use maps of Vitoria-Gasteiz, where each participant finds their home, places to go eye the lads and girls, places where they are at peace with their partner, the routes undertaken where they go to "eye" the talent and some other issues that arise along the action on their map.

Idea-sharing session on a single map of all the routes and discussion-------<mark>50 min</mark>.

Once the maps are completed, a common map is made that includes all the personal maps. A common map is made with a legend detailing all the spots that the group sees fit to point out when discussing each of them.



## 3<sup>rd</sup> SESSION

**OBJECTIVES** 

Stimulate **reflection about chatting up** and ways to do so. **Encourage good practices** in their activity. Educate **values** such as equality, **gender and personal relationships**.

TIME	ACTIVITIES	CONTENTS	MATERIALS
15 min. 60 min. 45 min.	Welcome.  Identifying ideal lads and girls id.  Idea-sharing session.	Personal.  Gender. The stereotypes and ideals in society. Stereotypes of the media and advertising.	Cardboards with silhouettes of "Frankenstein" Felt-tip markers and pens. Paper.

The first minutes of the session were intended to generate confidence by counting some of the anecdotes that occurred during the week as the entire group were arriving.

Identifying the ideal lads and girls------ 60 min.

We work with two anthropomorphic silhouettes drawn on two large sheets of paper. In turns the silhouettes are filled in as "Frankenstein" with the characteristics that define the character and appearance of these person's ideals.

Idea-sharing session-------<mark>45 min</mark>

The opinions and ideas of the group are pooled and discussion of the ideal characteristics of each person, both female and male. The characteristics of same are discussed as well as the analysis of the differences and the whys of these ideals.



## 4<sup>th</sup> SESSION

#### **OBJECTIVES**

Stimulate **reflection about chatting up** and ways to do so. **Encourage good practices** in their activity. Educate **values** such as equality, **gender and personal relationships**.

TIME	ACTIVITIES	CONTENTS	MATERIALS
15 min. 40 min.	Welcome.  Summary of the workshop questions. Mail box.	Personal.  All the issues worked on throughout the sessions.	All the generated material.  Pens. Questionnaires.
50 min.	Responding to a last question "what for?"	Needs and dreams.	Large cardboard. Thick felt-tip markers.
15 min.	Assessment. Questionnaires.	Assessments.	Surveys.

Welcome------<mark>15 min</mark>

The first minutes of the session were intended to generate confidence by counting some of the anecdotes that occurred during the week as the entire group were arriving.

### Summary of the workshop questions------40 min.

The group completes a summary table of the different questions that were raised during the workshop finishing off with the last question "what for." This question seems really interesting given that it highlights the needs of the teenagers and their objectives.

### Mail box

It is time to open the mailbox; the anonymous ideas here are limited to filling in the table.

Responding to a last question "what for?" -------50 min. What for...

Why do we need-want to chat up?

Once summarised, the questions, contents and conclusions worked on moving on to reply to the last question – what for? The summary is completed with the findings made by the participants with respect to this last question.

This session allows one to see their dreams for the future, their hopes and expectations for the forthcoming years.

We carried out a small assessment of the workshop with the group.